



2021 Summer Tennis Camp Information

***1st Week of Camp: June 21st - 25th *Last week of Camp August 30th - Sept 3rd**

Our weekly Summer Camp accommodates children 4 to 16 years of age, of all levels and abilities, from the absolute **Beginner**, to Intermediate level, to **Advanced level** players (including High Performance tournament level players). Camp accommodates seasonal recreational players as well as competitive players.

Each camp week, campers are thoughtfully divided up into groups that are both level and age appropriate. Due to circumstances Pods can be arranged in advance as well.

Our camp program is **active**, and **challenging**. It consists of technique instruction, well formulated tennis drills, on court exercises, game and point play, and interactive play that covers all aspects of tennis. Campers also enjoy the opportunity to participate in off-court field sports and activities for up to 45 minutes per camp day (this may include soccer, sprinkler time, golf, baseball, obstacle course, capture the flag, and team games). We have a daily camp **theme** that is incorporated into the daily program. Campers participate in either a **Tournament** or a **Skills Test** on the Friday of each camp week.

For information on our **High Performance Camp Program** (for tournament level players) please contact Brian at tenten@rogers.com

Morning Camp: 9am-12noon

9:00-9:15am Attendance, Theme of the Day briefing and demo, and Warm-up

9:15-10:00am Instructional and corrective stroke-play, drills and exercises

10:00-10:45am Off court Field sporting activity (Advanced players and older campers have the option of tennis instruction during this time, **HPP** stay on court)

10:45-11:00am Recess and Snack

11:00-12:00pm Game and point related drills and exercises, interactive play

12:00 noon Dismissal of Morning Campers

Lunch:12:00-1:00pm

Lunch for Full Day campers (BYO lunch). Lunch is supervised by the coaching staff.

Afternoon Camp: 1:00pm-4:00pm

Afternoon camp starts at 1pm and follows the same schedule as the morning camp.

Please bring the following to camp:

1. **Water Bottles - 2 or more are recommended**
2. Sun block - please apply before camp
3. Hat
4. Change of clothing (on hot days we turn on the sprinkler)
5. Snack - NUT free please
6. Hand sanitizer
7. Mask

Rain Cancellation Policy

No Refunds or credits are given for camp days that are rained out or missed.

Rained out Camp days may be made-up anytime during the course of the summer but only with prior arrangement with Brian Panovka. Exceptions do apply.

For Info contact: Brian - Head Professional tenten@rogers.com or (905) 771-7511