

2026 FALL JUNIOR TENNIS PROGRAM

Valley Tennis Club | Play the Game • Love the Game

FALL SESSION BEGINS MONDAY SEPTEMBER 14, 2026

FALL SESSION: September 14 – October 11, 2026

4-WEEK PROGRAM • AGES 4–16 • BEGINNER TO COMPETITIVE



MINI COURT | AGES 4–5

2:00–2:45 PM: Saturday & Sunday Starts Sept. 19/20 - Oct. 10/11

Fun and engaging introduction to tennis using **mini courts and sponge balls**. Focus on movement, coordination, basic tennis skills and having fun.

\$120 + HST | 4 classes



BEGINNER | AGES 6–10

4:00–5:00 PM: Monday, Tuesday, Wednesday, Thursday, Friday

5:00–6:00 PM: Monday, Tuesday, Wednesday, Thursday, Friday

3:00–4:00 PM: Saturday & Sunday

A fun, active introduction to tennis fundamentals. Players develop **forehand, backhand, volley, and movement skills** through games and drills.

Red & Orange dot balls used.

\$120 + HST | 4 classes



INTERMEDIATE | AGES 7+

4:00–5:00 PM: Monday, Tuesday, Wednesday, Thursday, Friday

5:00–6:00 PM: Monday, Tuesday, Wednesday, Thursday, Friday

4:00–5:00 PM: Saturday & Sunday

For players who can rally from approximately $\frac{3}{4}$ **court**. Focus will be on technique, consistency, rallying, movement and interactive drills.

Green dot or regular balls used.

\$120 + HST | 4 classes



ADVANCED + ELITE HIGH PERFORMANCE | AGES 9+

5:00–6:00 PM: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday

For active competitive players looking to take their game to the next level.

Training includes:

Point Play • Live Ball • Footwork & Movement • Technique • Strategy • Singles & Doubles • Competitive Game Situations

\$120 + HST | 4 classes

FALL 2026 SESSION DATES

Monday: Sept. 14 – Oct. 5

Tuesday: Sept. 15 – Oct. 6

Wednesday: Sept. 16 – Oct. 7

Thursday: Sept. 17 – Oct. 8

Friday: Sept. 18 – Oct. 9

Saturday: Sept. 19 – Oct. 10

Sunday: Sept. 20 – Oct. 11

RAIN MAKE-UP: October 13–19

More Info: Contact Brian tenten@rogers.com