

2026 Spring Junior Tennis Class Schedule @ Valley Tennis Club

Start Date: Monday, April 20, 2026 After-School & Weekend Programs | 7-Week Session.

Mini Court Program (Ages 4-5.5)

A structured introduction. This program establishes strong athletic foundations through carefully designed games and progressions. Using sponge and red balls on a mini court, players develop balance, coordination, tracking, and basic swing patterns in a controlled, positive environment that emphasizes confidence, focus, and enjoyment.

Class Time: Weekdays: 4:15–5:00pm (45 min) Mon/ Wed / Thu / Fri **Weekends:** 2:00-2:45pm

Dates: April 20 – June 8, 2026 (varies by day) **Ratio: 5:1**

Cost: \$210 + HST (7 classes)

Beginner Program (Ages 5.5-10) Red Ball (complete beginners) | Orange Ball (progressing players)

Technical foundations taught the right way. This program introduces all fundamental strokes, movement patterns, and rules of play. Instruction is delivered through progressive drills and structured games, ensuring players learn proper technique while building rally skills, court awareness, and confidence.

Class Time: Weekdays: 4:00–5:00pm or 5:00–6:00pm Mon/ Tues/ Wed / Thu / Fri

Weekends: 3:00–4:00pm Sat/ Sun

Dates: April 20 – June 8, 2026 (varies by day) **Ratio: 6:1**

Cost: \$210 + HST (7 classes)

Intermediate Program (Ages 7+) Orange / Green Dot / Regular balls (age & level appropriate)

Consistency, control, and court awareness.

Designed for players who can rally and are ready to advance, this program focuses on technical refinement, footwork efficiency, and point construction. Players are challenged through live-ball drills and guided point play that reinforce sound decision-making and competitive development.

Class Time: Weekdays: 4:00-5pm or 5:00–6:00 pm Mon/ Tues/ Wed / Thu / Fri

Weekends: 4:00–5:00 pm. Sat/ Sun

Dates: April 20 – June 8, 2026 (varies by day). **Ratio: 6:1**

Cost: \$210 + HST (7 classes)

Advanced & High Performance (Ages 8+) High-level training for committed competitors.

This program follows a training model designed for advanced and competitive players. Sessions emphasize advanced stroke mechanics, footwork intensity, tactical development, tons of live drills and point play, and match play under pressure. Expectations include focus, effort, and a commitment to continuous improvement.

Class time: Weekdays: Monday to Friday 5:00-6:00pm **Weekends:** Saturday 5:00-6:00pm

Dates: April 20 – June 8, 2026 (varies by day). **Ratio: 7:1**

Cost: \$210 + HST (7 classes)

Important Info

- **Rain Make-Up Classes: Tues June 9th to Monday June 15th, 2026**
- **Classes will run on Victoria Day Weekend (but not Monday May 18th)**
- **Junior Membership is a requirement to participate in classes and Lessons**

Spring Program Registration & Contact Information

Online Registration:

 www.valleytennisclub.com

New Members

- Create a **Guardian Membership** (free) under *Membership*
- Register your child for a **Junior Membership** (required)
- Then, Click on **Register for Junior Programs**
- Select your Spring Junior classes and complete secure online payment

Existing or Returning Members

- Please ensure your child's **Junior Membership is renewed for the 2026 season**
- Log in to your profile, register for Spring Junior classes, and complete payment online

Important:

A **Junior Membership at Valley Tennis Club** is required to participate in camps, classes, or private lessons.

Questions or Need More Information?

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